First dog toothbrushing practice checklist

- [ ] Ask your vet about pain or a sore mouth before practising.
- [ ] Introduce brief mouth handling separately from the brush.
- [ ] Let your dog get used to pet toothpaste.
- [ ] Pause if your dog withdraws and return to an easier step.
- [ ] Ask the veterinary team to show where the brush should reach.

Ask your veterinarian to assess a painful, bleeding or swollen mouth before toothbrushing practice.